

March 2007

# DOMESTIC VIOLENCE

## *Safety Tips For You And Your Family*

### **IF YOU ARE IN DANGER, CALL 911**

Whether or not you feel able to leave an abuser, there are things you can do to make yourself and your family safer.

### **IN AN EMERGENCY**

**If you are at home & you are being threatened or attacked:**

**Stay away from the kitchen** (abuser can use weapons like knives—don't offer the opportunity).

**Stay away from bathrooms, closets or small spaces** where the abuser can trap you.

**Get to a room with a door or window to escape.**

**Call 911 right away for help.**

Think about a neighbor or friend you can run to for help.

When the police officer comes, tell him/her what happened.

**Get medical help** if you are hurt.

**Take pictures** of bruises or injuries.

**Call a domestic violence program or shelter;** ask them to help you make a safety plan.

### **HOW TO PROTECT YOURSELF AT HOME**

Learn where to get help; **memorize emergency phone numbers.**

If the abuser has moved out, **change the locks on your door;** get locks on the windows.

**Plan an escape route** out of your home; teach it to your children. Think about where you would go if you need to escape.

**Ask your neighbors** to call the police if they see the abuser at your house; make a signal for them to call the police.

**Pack a bag** with important things you'd need if you had to leave quickly; put it in a safe place, or give it to a friend or relative you trust.

Include **cash, car keys & copies of important information** such as: court papers, passport or birth certificates, medical records & medicines, immigration papers, etc.

**Get an unlisted phone number.**

**SERVICE-PRIDE-INTEGRITY**



**GARDEN CITY POLICE**  
COMMUNITY SERVICES

**CITY DEPARTMENT  
PHONE NUMBERS**

**EMERGENCY-911**

**POLICE 793-1700**

**DETECTIVE BUREAU 793-1710**

**CITY HALL 793-1600**

**21ST DIST. COURT 793-1680**

**BUILDING DEPT. 793-1650**

**CITY CLERK 793-1620**

**LIBRARY 793-1830**

**MAPLEWOOD CTR. 793-1850**

**PARKS & REC. 793-1880**

## DOMESTIC VIOLENCE

**Use caller ID.**

**Use an answering machine;** screen the calls. Save messages when necessary.

**Take a good self-defense course.**

### HOW TO MAKE YOUR CHILDREN SAFER

**Teach them not to get in the middle of a fight,** even if they want to help

**Teach them how to get to safety,** to call 911, to give your address & phone number to the police.

**Teach them who to call for help, if necessary after they call police.**

**Tell them to stay out of the kitchen.**

**Make sure the children know who to tell at school if they see the abuser.**

**Give the principal at school or the daycare center a copy of your court order if you have one;** tell them not to release your children to anyone without talking to you first; use a password so they can be sure it is you on the phone; give them a photo of the abuser.

**Make sure that the school knows not to give your address or phone number to ANYONE.**

### HOW TO PROTECT YOURSELF OUTSIDE THE HOME

**Change your regular travel habits.**

**Try to get rides with different people.**

**Shop and bank in a different place.**

**Cancel any bank accounts or credit cards you shared;** open new accounts at a different bank.

**Keep your court order and emergency numbers with you at all times.**

**Keep a cell phone & program it to 911 (or other emergency number)**

If you have questions or concerns, please contact the police department at 734-793-1700 or 9-1-1 if it is an emergency.

The Wayne County Crisis Line may be called 24 hours a day at 1-800-241-4949.

The Emergency Telephone Service phone number is 1-313-224-7000—24 hours a day.

Thank you, Detective Sergeant Brian Aure'

## NEIGHBORHOOD WATCH BLOCK / CITY CRIME STATS

### February Crime Statistics

Arson 1	Robbery 3
Breaking & Entering 12	Public Peace 25
Larceny 26	Fraud 16
Sexual Assault 1	Drugs 5
Stolen Vehicles 6	Property Damage 15
Assaults 37	Drunk Driving 5
Murder 0	

The numbers listed are statistic for the entire city during the month listed

## INSIDE STORY HEADLINE

This story can fit 150-200 words.

One benefit of using your newsletter as a promotional tool is that you can reuse content from other marketing materials, such as press releases, market studies, and reports.

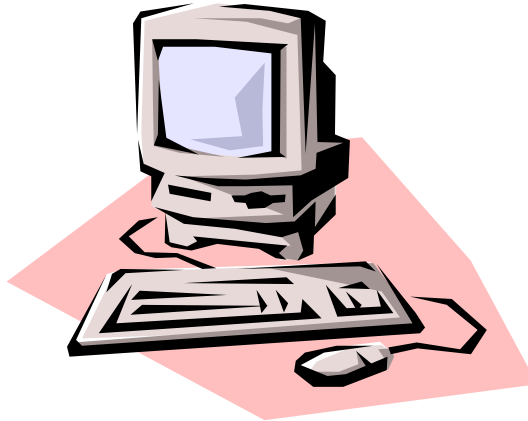
While your main goal of distributing a newsletter might be to sell your product or service, the key to a successful newsletter is making it useful to your readers.

A great way to add useful content to your newsletter is to develop and write your own articles, or include a calendar of upcoming events or a special offer that promotes a new product.

You can also research articles or find "filler" articles by accessing the World Wide Web. You can write about a variety

of topics but try to keep your articles short.

Much of the content you put in your



Caption describing picture or graphic.

newsletter can also be used for your Web site. Microsoft Publisher offers a simple way to convert your newsletter to a Web publication. So, when you're finished writing your newsletter, convert it to a Web site and post it.

## INSIDE STORY HEADLINE

This story can fit 100-150 words.

The subject matter that appears in newsletters is virtually endless. You can include stories that focus on current technologies or innovations in your field.

You may also want to note business or economic trends, or make predictions for your customers or clients.

*"To catch the reader's attention, place an interesting sentence or quote from the story here."*

If the newsletter is distributed internally, you might comment upon new procedures or improvements to the business. Sales figures or earnings will show how your business is growing.

Some newsletters include a column that is updated every issue, for instance, an advice column, a book review, a letter from the president, or an editorial. You can also profile new

employees or top customers or vendors.

## INSIDE STORY HEADLINE

This story can fit 75-125 words.

Selecting pictures or graphics is an important part of adding content to your newsletter.

Think about your article and ask yourself if the picture supports or enhances the message you're trying to convey. Avoid selecting images that appear to be out of context.

Microsoft Publisher includes thousands of clip art images from which you can choose and import into your newsletter. There are also several tools you can use to draw shapes and symbols.

Once you have chosen an image, place it close to



Caption describing picture or graphic.

the article. Be sure to place the caption of the image near the image.

## GARDEN CITY POLICE DEPARTMENT

6000 Middlebelt  
Your Address Line 2  
Your Address Line 3  
Your Address Line 4

Phone: 734-525-8864  
Fax: 734-525-8052

Your business tag line here.

We're on the Web!  
example.microsoft.co  
m



## BACK PAGE STORY HEADLINE

This story can fit 175-225 words.

If your newsletter is folded and mailed, this story will appear on the back. So, it's a good idea to make it easy to read at a glance.

A question and answer session is a good way to quickly capture the attention of readers. You can either compile questions that you've received since the last edition or you can summarize some generic questions that are frequently asked about your organization.

A listing of names and titles of managers in your organization is a good way to give your newsletter a personal touch. If your organization is small, you may want to list the names of all employees.

If you have any prices of standard products or services, you can include a listing

of those here. You may want to refer your readers to any other forms of communication that you've created for your organization.

You can also use this space to remind readers to mark their calendars for a regular event, such as a breakfast meeting for vendors every third Tuesday of the month, or a biannual charity auction.

If space is available, this is a good place to insert a clip art image or some other graphic.



Caption describing picture or graphic.

*This would be a good place to insert a short paragraph about your organization. It might include the purpose of the organization, its mission, founding date, and a brief history. You could also include a brief list of the types of products, services, or programs your organization offers, the geographic area covered (for example, western U.S. or European markets), and a profile of the types of customers or members served.*

*It would also be useful to include a contact name for readers who want more information about the organization.*