

Resources for Family and Faculty

Community Support, Advocacy, Treatment, and Education

[Youth Advocacy Guide](#)

- How to advocate for youth

[Families Against Narcotics \(FAN\)](#)

- Families Against Narcotics (FAN) is a community-based program for those seeking recovery, those in recovery, family members affected by addiction and community supporters. FAN seeks to change the face of addiction, dispel the stigma of addiction, and educate the community as well as those affected by addiction.

[ACMH](#)

- (888) ACMH-KID (226-4543) Accessing mental health services for your children

[Partnership to End Addiction](#)

- Whether you are a parent, grandparent, aunt, uncle, sibling or other caregiver — our helpline is here for you and anyone else playing a supportive role in the life of someone struggling with substance use. Text CONNECT to 55753 to contact a specialist.

[Teen & Family Services](#)

- Call (713) 464-3950 for help and peer-based recovery support.

[Turn2Me Support Groups for Parents](#)

- Free! Facilitated by a mental health professional, support groups online are a safe space to connect with other parents and share solutions and coping strategies on a variety of mental health topics.

[State of Michigan- Stay Well](#)

- Support for Individuals with Substance Use Disorders During COVID-19

[The Herren Project](#)

- FREE!! Herren Project virtual online support groups and recovery meetings are moderated by trained clinicians. All groups are through Zoom, by computer or phone, for the weekly hour session.
- **Herren Project Recovery's Meeting**
- **<https://theherrenproject.zoom.us/j/581471639> Meeting ID: 581 471 639**
Dial by your location using meeting ID: 581 471 639
+1 301 715 8592 US

[The Phoenix](#)

- As we are committed to still deliver opportunities for Social Connection during this challenging time, we have introduced daily live-streamed, virtual programming for Crossfit, Yoga, and Meditation along with other online social events.

[The Temper](#)

- The Temper explores life through the lens of sobriety, addiction, and recovery.

[Unity Recovery](#)

- During this pandemic, we realize that many in-person meetings have been canceled or people may not be able to attend their regular meetings for various reasons. We are now offering online recovery support groups which will be available five times daily

[We Connect](#)

<https://www.weconnectrecovery.com/free-online-support-meetings>

- Online recovery support groups will be available daily. They are open to anyone who is dealing with substance use, mental health concerns, disordered eating, as well as any other quality of life concerns.

Free Online Chat/Text/Virtual meetings for individuals wanting help with issues related to substance use, mental health, and/or family/friend of the individual who is suffering for their own education and support. These are trained mental health professionals, guided and trained “listeners”, and certified peer recovery coaches.

<https://turn2me.ie/crisis-support>

<https://www.peer360recovery.org/meetings.html>

<https://www.7cups.com/connect/>

[UofM list of Addiction Recovery Resources for Individuals and families, mental health resources, & more](#)